

Lunch will have ½ pint of 1%
or chocolate milk served
daily from 11:35 am –
12:05 pm.

KATO PUBLIC CHARTER SCHOOL

January 2019

This institution is an
equal opportunity
provider.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| | 1. | 2. Salisbury Steak Parslied Whole Potatoes Squash WG Bread/Margarine Fruit | 3. Hamburger, Tomato Casserole Black Bean/Corn Blend WG Bread/Margarine Fruit | 4. Chicken Rice Casserole Broccoli WG Bread/Margarine Fruit |
| 7. Broccoli Cheese Soup Crackers Turkey Sandwich on WG Bread Spinach Salad w/tomatoes Fruit | 8. Pepper Steak Boiled Potatoes Carrots WG Dinner Roll/Margarine Fruit | 9. Roast Beef Mashed Potatoes Peas WG Bread/Margarine Fruit | 10. Chicken Alfredo w/WG Pasta Green Beans Garlic Bread Fruit | 11. Swedish Meatballs Paprika Potatoes Seasoned Black Beans WG Bread/Margarine Fruit |
| 14. Rigatoni with Beef Green Beans Romaine Lettuce Salad WG Bread/Margarine Fruit | 15. BBQ Pulled Pork Sweet Potatoes Winter Vegetable Blend WG Bun Fruit | 16. Meatloaf Diced Potatoes Corn/Black Bean Blend WG Bread/Margarine Fruit | 17. Baked Chicken Breast Mashed Potatoes/Gravy Carrots WG Dinner Roll/Margarine Fruit | 18. Meat & Vegetable Stew w/Carrots & Potatoes Coleslaw WG Biscuit/Margarine Fruit |
| 21. NO SCHOOL BLOCK BREAK | 22. NO SCHOOL BLOCK BREAK | 23. NO SCHOOL BLOCK BREAK | 24. NO SCHOOL BLOCK BREAK | 25. Tomato Soup Crackers Cheese Sandwich/WG Bread Spinach Salad Fruit |
| 28. Chicken Chow Mein Rice/Chow Mein Noodles Green Beans WG Bread/Margarine Fruit | 29. Hashbrown, Sausage & Vegetable Egg Bake Carrots WG Bread/Margarine Fruit | 30. Chicken Noodle Soup Crackers Egg Salad Sandwich WG Bread/Margarine Romaine Lettuce Salad Fruit | 31. Meatballs/Gravy Whole Potatoes Squash WG Bread/Margarine Fruit | |