

Monday, April 1	1% Milk or Skim Milk	WG Cheerios	Tropical Fruit				
Tuesday, April 2	1% Milk or Skim Milk	WG Maple Mini Waffle	Fresh Orange				
Wednesday, April 3	1% Milk or Skim Milk	WG Chex Cereal	Applesauce				
Thursday, April 4	1% Milk or Skim Milk	WG Bagel	Jelly	Fresh Banana			
Friday, April 5	1% Milk or Skim Milk	WG Blueberry Muffin	Mixed Fruit				
Monday, April 8	1% Milk or Skim Milk	WG Apple Cinn Toasted Oats	Tropical Fruit				
Tuesday, April 9	1% Milk or Skim Milk	WG English Muffin	Butter	Fresh Apple			
Wednesday, April 10	1% Milk or Skim Milk	WG Bagel	Jelly	Mandarin Oranges			
Thursday, April 11	1% Milk or Skim Milk	WG Maple Mini Waffle	Diced Peaches				
Friday, April 12	1% Milk or Skim Milk	WG Kix Cereal	Fresh Orange				
Monday, April 15	1% Milk or Skim Milk	RS Cinn Toast Crunch	Mixed Fruit				
Tuesday, April 16	1% Milk or Skim Milk	WG Bagel	Jelly	Pineapple Tidbits			
Wednesday, April 17	1% Milk or Skim Milk	WG Maple Mini Waffle	Fresh Orange				
Thursday, April 18	1% Milk or Skim Milk	WG Cheerios	Diced Peaches				
Friday, April 19	1% Milk or Skim Milk	WG Banana Muffin	Applesauce				
Monday, April 22	1% Milk or Skim Milk	WG Chex Cereal	Mandarin Oranges				
Tuesday, April 23	1% Milk or Skim Milk	WG English Muffin	Butter	Fresh Banana			
Wednesday, April 24	1% Milk or Skim Milk	WG Apple Cinn Toasted Oats	Tropical Fruit				
Thursday, April 25	1% Milk or Skim Milk	WG Maple Mini Waffle	Diced Peaches				
Friday, April 26	1% Milk or Skim Milk	WG Bagel	Jelly	Fresh Orange			
Monday, April 29	1% Milk or Skim Milk	WG Kix Cereal	Pineapple Tidbits				
Tuesday, April 30	1% Milk or Skim Milk	WG Blueberry Muffin	Mixed Fruit				



# April 2024

LSS Meals | K-12 | Breakfast Menu

This menu meets CACFP and NSBP guidelines for nutrition and meal pattern. All grains are at least 51% whole grain, milk is provided with breakfast meals. Unflavored whole milk is provided for children age 12 months to 2 years of age and low fat or fat free milk is provided for children above 2 years of age. This institution is an equal opportunity provider.

Menu is subject to change.

Approved by: Taylor Galbrecht, RD

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
WG Bosco Sticks	Chicken Ala King	Beef Taco on WG Tortilla	Ranch Diced Turkey	Sweet and Sour Meatballs
Marinara Sauce	WG Biscuit	Shredded Cheese/Taco Sauce	Mashed Potatoes	WG Rice
Steamed Green Beans	Fresh Baby Carrots	Romaine Salad/Ranch	Diced Peaches	Fresh Broccoli
Applesauce	Mixed Fruit	Refried Beans	WG Bread Slice	Ranch Dressing
		Mandarin Oranges	Butter	Pineapple Tidbits
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
WG Cheese Calzone	BBQ Chicken Patty	Creamy Diced Turkey	WG Beef Mac and Cheese	Cheddar Cheese Omelet
Marinara Sauce	WG Bun	Mashed Potatoes	Romaine Salad	Seasoned Diced Potatoes
Steamed Peas and Carrots	Fresh Baby Carrots	WG Biscuit	Ranch Dressing	Ketchup
Applesauce	Pineapple Tidbits	Diced Pears	Fresh Banana	WG Bread Slice
	Vegetarian Baked Beans			Mandarin Oranges
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
Meatballs in Marinara Sauce	Chicken & Bean Burrito Bowl	Meatloaf in Gravy	Sloppy Joe	Turkey and WG Noodles
Shredded Mozzarella Cheese	WG Brown Rice	Mashed Potatoes	on WG Bun	Fresh Broccoli
WG Garlic Breadstick	Shredded Cheese/Taco Sauce	WG Bread Slice	Steamed Peas and Carrots	Ranch Dressing
Steamed Diced Carrots	Romaine Salad/Ranch	Vegetarian Baked Beans	Fresh Banana	Diced Peaches
Applesauce	Diced Pears	Mandarin Oranges		
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk	1% Milk or Skim Milk
Salisbury Steak with Gravy	Diced Teriyaki Chicken	Cheesy Italian Beef and Rice	Chicken Taco on WG Tortilla	Creamy Swedish Meatballs
Steamed Green Beans	WG Brown Rice	Fresh Broccoli	Shredded Cheese/Taco Sauce	Mashed Potatoes
WG Bread Slice	Fresh Baby Carrots	Ranch Dressing	Romaine Salad/Ranch	WG Biscuit
Butter	Pineapple Tidbits	WG Garlic Breadstick	Refried Beans	Mixed Fruit
Applesauce		Canned Apple Slices	Fresh Banana	
Monday, April 29	Tuesday, April 30			
1% Milk or Skim Milk	1% Milk or Skim Milk			
Hamburger Patty on WG Bun	WG Turkey Alfredo			
American Cheese/Ketchup	Fresh Baby Carrots			
Steamed Peas and Carrots	Diced Pears			
Vegetarian Baked Beans	WG Garlic Breadstick			
Applesauce				



# April 2024

## LSS Meals | K-12 | Lunch Menu

This menu meets CACFP and NSBP guidelines for nutrition and meal pattern. All grains are at least 51% whole grain, milk is provided with breakfast meals. Unflavored whole milk is provided for children age 12 months to 2 years of age and low fat or fat free milk is provided for children above 2 years of age. This institution is an equal opportunity provider.

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